## WOLF REQUIREMENTS - CHECKLIST

#### Call Of The Wild

Complete Req. 1-4 and 1 More	
1. Attend 1 Of The Following:	
a. A Pack of Family Campout	
b. An Outdoor Activity w/ Den or Family	
c. Day Camp	
d. Resident Camp	
2. List Possible Weather Changes During Outing	
Tell How You Will Be Prepared	
3a. Recite The Outdoor Code With Leader	
b. Recite Leave No Trace Principles W/ Leader	
Explain How They Support the Outdoor Code	
c. After Campout List Ways Careful W/ Fire	
4. Demonstrate What To Do For The Following:	
a. A Natural Disaster Happens (ex. Earth Quake)	
b. To Keep From Spreading Germs	
5. Tie An Overhand & Square Knot	
6. While On Outing Identify 4 Types of Animals	
Explain How You Identified Them	

Council Fire (Duty to Country)	
Complete Req. 1-2 and 1 More	
1. Participate In A Flag Ceremony	
Learn How To Care For & Fold Flag	

# Council Fire (cont)2. Participate In A Community Service Project3. Talk To Officer, etc. About Service To CommunityWrite A Thank You Letter To Them4. Learn About Changes In Your CommunityCreate Project To Show Den How It's Changed5. Select 1 Issue In Community. Show DenYour Ideas For A Solution To Problem6. With Your Den Develop Den Duty ChartPerform These Tasks For One Month7. Participate In Event CelebratingMilitary Veterans

#### Duty To God Footsteps

Complete Req. 1 OR 2 and 2 More
1. Discuss What It Means To Do Your Duty To God
Tell How You Do Your Duty in Your Life.
2. Earn Religious Emblem Of Your Faith
3. Offer A Prayer, etc. w/ Family, Den or Pack
4. Read Story - People Came To America for
Religious Freedom
5 Learn Song About Reverance, etc.
6. Visit Religious Monument or Site
Create Visual Display of Visit.

Howling At The Moon	
1. Show Communication In 2 Diff. Ways	
2. Work w/ Den To Create Original Skit	
3. Work w/ Den To Plan, Prepare a Campfire Prog.	
4. Perform For Den or Pack Meeting	
Paws On The Path	

Running With The Pack	
1. Play Catch - 5 Steps Away, Keep Moving Back	
2. Practice Balancing - Walk Forward, Back, etc.	
3. Do Front Roll, Back Roll & Frog Stand	
4. Show Sportmanship While Playing Game/Sport w/ Den	
5. Do 2, Frog Leap, Inchworm, Crab Walk, etc.	
6. Plan Healthy Meal For Your Family. Make Shopping List	

## WOLF ELECTIVES - CHECKLIST NAME: \_\_\_\_\_

# COMPLETED REQUIREMENTSCall Of The WildCouncil Fire (Duty To Country)Duty To God FootstepsHowling At The MoonPaws On The PathRunning With The PackProtect Yourself RulesDenner\_\_\_\_\_\_Ast Denner\_\_\_\_\_\_

COMPLETED ELECTIVES	
Adventures In Coins	
Air Of The Wolf	
Code Of The Wolf	
Cubs Who Care	
Digging In The Past	
Finding Your Way	
Germs Alive!	
Paws Of Skill	
Spirit Of The Water	
Yo-Yo	
Denner Ast Denner	_
	_

Adventures In Coins
Complete 1-4 & Any Other(s) Of Your Choice
1. Identify Different Parts of a Coin.
2. Find The Mint Mark. What Facility? Year?
3. Make a Coin Rubbing. Next To It List Details
of Picture, Where & When It Was Minted.
4. Play/Create Board Game W/ Den or Family
That Teachs Adding & Subtracting Money.
5. Play a Coin Game.
6. Create A Balance Scale.
7. Do A Coin Weight Investigation.
Air Of The Wolf

1. Conduct 2 of The Following Investigations:	
a. Fly Paper Airplane 5x's. Make Adjustments	
b. Make Balloon Powered Sled/Boat. Test It.	
c. Bounce Basketball Flat/Full 10x. Describe Diff.	
d. Roll Tire/Ball w/ & w/out Air. Discuss.	
2. Conduct 2 of The Following:	
a. W/ Den Go Outside & Record Sounds You Here.	
Identify Sounds Due To Moving Air.	
b. Create Wind Instrument & Play w /Den Band.	
c. W/ Adult Investigate How Speed Affects Sound.	
d. Make A Kite Using Household Materials.	
e. Do A Derby Or Regata. How Air Helps?	

Code Of The Wolf
Do 2 of the following.
1a. W/ Den or Family, Make A Game That
Requires Math To Keep Score.
b. Play a Game of "Go Fish for 10's".
c. Do 5 Activities At Home, School, Or W/ Der
That Use Math. Explain.
d. Make a Rekenrek w/ 2 Rows. Show Akela
How You Represent 4, 6, 9 & 14.
e. Make Rain Gauge or Other Device. Use It.
Do 1 of the following.
2a. W/ Den or Family, Identify 3 Shapes That
You See In Nature.
b. W/ Den or Family, Identify 2 Shapes You
See In The Construction of Bridges.
c. Select A Shape. Look Around For 1 Week &
Write Down Where You See The Shape.
Do 1 of the following.
3a. W/ Den, Count # of Colored Items In Pkg
1. Graph & Show # Of Items Of Each Cold
2. Determine Most Common Color
3. Compare Results To Other Boys
4. Predict # In Another Package
5. Decide If Your Prediction Is Close

# WOLF ELECTIVES - CHECKLIST NAME:

Code Of The Wolf (cont.)	
3b. W/ Den or Family, Measure Everyone's Height	
& See Who Takes More Steps To Walk 100 Ft.	
c. Count # Of Shots To Make 5 Baskets	
Graph # Of Shots Each Takes For Each Boy.	Γ
4. Complete 1 of The Following:	
a. Use Secret Code to Send A Msg. Have	
Have Them Send One Back To You.	
b. Send Msg. Using Pig Pen Code Or	Γ
Other Shape Code.	
c. Practicing Using A Code Stick To Decode Msg.	

#### **Digging In The Past**

- 1. Play A Game That Demonstrates Your
- Knowledge Of Dinosaurs.
- 2. Create Imaginary Dino. Name, Eats, Lives?
- 3. Complete 1 Of The Following:
  - a. Make A Fossil Cast.
  - b. Make A Dinosaur Dig. Show How
  - Paleontologist Works.
- 4. Make Edible Fossil Layers. Explain How Snack
- A Good Model for Formation of Fossils.

#### Cubs Who Care

Do 4 of the following. 1. W/ Other Den Members Try Using Crutches or A Wheelchair. Reflect On The Process. 2. Learn About Sport That's Been Adapted For Those W/ Disabilities. Tell Your Den About It. 3. Learn About "Invisible" Disabilities. Take Part In Activity That Helps w/ Understanding. 4. W/ Den Pick 3 Things To Do W/ Mittens/Gloves On a. Tying Your Shoes. b. Using A Fork To Pick Up Food. d. Playing A Card Game. d. Playing A Video Game. e Playing Checkers Or A Board Game. f. Blowing Bubbles. 5 Paint Picture 2 Diff. Ways. Regular & Blindfolded. Discuss W/ Den The Different Processes. 6. Using American Sign Language Demonstrate Part of Scout Law 7. Learn About Someone Famous Who Has/Had A Disability. Share Story With Your Den. 8. Attend Event Where Those W/ Disabilities Are Participants.

#### **Finding Your Way**

1a. Using A Map, Locate Where You Live.	
b. Draw A Map For A Friend So They Can Locate	
Your Home, etc. Use Symbols & A Key.	
2a. Identify What A Compass Rose Is. Locate On Map.	
b. Using Compass Identify N, S, E & W	
3. Go On Scavenger Hunt Using Compass.	
Locate An Object With It.	
4. Using Map & Compass Go On A Hike With	
Den Or Family.	

Germs Alive!	
1. Wash Hands & Singing The Birthday Song"	
2. Play Germ Magnet W/ Den. Wash Again.	
3. Conduct The Sneeze Demonstration.	
4. Conduct Mucus Demonstration W/ Den.	
5. Grow A Mold Culture. Show Den What Formed.	
6. Make A Clean Room Chart.	

# WOLF ELECTIVES - CHECKLIST NAME:

#### Paws Of Skill

Complete Req. 1-4. Req. 5-7 Are Optional	
1. Talk w/ Family & Den, What Is Physically Fit?	
Share Ideas Of Ways To Stay In Shape.	
2. Discuss Why You Stretch Before Exercise.	
Demonstrate Proper Stretches, etc.	
3. Select 2 Physical Fitness Skills. Practice Daily.	
See If You Can Improve Over 2 Week Period.	
4. Discuss w/ Family or Den, What It Means To Be Part	
Of A Team. Make List of Team Sports. Discuss.	
Play One for 30 Minutes.	
5. W/ Den Develop Obstacle Course.	
Run Course Two Times. Track Your Time.	
6. W/ Den Talk About Sportsmanship. Demonstrate	
Good Sportsmanship, Use Requirement 4.	
7. Visit Sporting Event w/ Den or Family. Look For	
Ways Team Shows Sportsmanship. Share w/ Den.	

#### Spirit Of The Water

1. Discuss How Water in Comm. Can Be Poluted.	
2. Explain 1 Way To Conserve Water In Home.	
3. Explain To DL Why Swimming Is Good Exercise.	
4. Explain Safety Rules While Swimming/Boating.	
5. Visit Swim Area w/ Family or Den. Jump In	
Chest High. Swim 25 ft.	

#### **Protect Yourself Rules**

1. Watch The "Protect Yourself" Video.

2. Show How You Say "NO" To Someone.

3. Identify 5 Trusted Adults. Share List W/ Parents.

4. Describe A "Safe Stranger".

#### Yo-Yo

1. Learn Safety Rules of YoYo, Follow At All Times

2. Show How To Find Proper Length Of String.

3. Explain Importance Of String Length & Location.

4. Show How To String YoYo & Make Slilpknot.

5. Conduct Pendulum Experiment.

Explain Diff. With Long & Short String.

6. Show You Can Properly Wind YoYo.

7. Demonstrate Gravity Pull Trick.

#### Notes