# **BEAR REQUIREMENTS - CHECKLIST**

Bear Claws	
1. Learn About 3 Designs of Pocket Knives.	
2. Learn Knife Safety. Earn Whittling Chip.	
3. Do 1 Of The Following:	
a. Using Pocketknife, Carve 2 Items	
b. W/ Pocketknife, Safely Perform The Following:	
1. Cut A Piece Of Rope, Twine Or Fising Line.	
2. Open Sealed Box W/O Damaging Contents.	
3. Open Can W/ Can Opener Tool On Pocketknife.	
4. Remove & Replace Screws On An Object W/	
The Screwdriver Tool On A Pocketknife.	
5. Open A Letter.	

Bear Necessities	
Do requirements 1-4. Req. 5 & 6 are optional.	
1. While Working On Bear Req. Attend 1 Of The Following:	
a. A Daytime Or Overnight Campout.	
b. An Outdoor Activity With Den or Pack.	
c. Day Camp.	
d. Resident Camp.	
2. Make List of Items To Take On Activity Selected In Req. 1	
3. Make List of Equipment The Group Should	
Bring In Addition To Their Personal Gear.	
4. Help Set Up Tent. Pick A Good Spot. Explain.	
5. Demonstrate How to Tie 2 Half Hitches.	
Explain Meaning & Use.	
6. Learn To Read Thermometer & Barometer.	
Keep Track of Temp & Barometric Pressure For	
7 Days. Do At Same Time Every Day.	

Fellowship & Duty To God	
Complete the following requirements.	
1. Discuss W/ Parent, etc. What It Means To Do	
Your Duty To God. Tell How You Do Your Duty	
To God In Your Daily Life.	
2. Complete At Least 1 Of The Following:	
a. Identify Person Whose Faith You Admire &	
Discuss This Person With Your Family.	
b. W/ Family Member Provide Service To A	
Place Of Worship, etc.	
3. Complete At Least 1 Of The Following:	
a. Earn The Religious Emblem Of Your Faith.	
b. Make List Of Things You Can Do To Practice Your	
Duty To God. Select 2 Items & Practice For 2 Weeks.	
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Fur, Feathers & Ferns	
Complete Requirement 1 & 3 Others	
1. While Hiking/Walking For 1 Mile, Identify 6	
Signs That Animals, Birds, etc. are Living Nearby.	
2. Visit Zoo, etc. Describe What You Learned.	
3. Name 1 Animal That Has Become Extinct In	
Last 100 Years & 1 That Is Endangered.	Γ
Tell Why it's Extinct.	
4. Observe Wildlife From a Distance. Describe.	Γ
5. Use Magnifying Glass To Look At Plants.	
Describe What More You Could See.	Γ
6. Learn About Composting.	
7. Plant A Vegetable or Herb Garden.	

#### NAME: \_\_\_\_\_

Baloo The Builder	
1. Discover Which Tools Are Best To Have In Toolbox.	
Learn Safety Rules. Practice W/ At Least 4 Tools.	
2. Select, Plan & Define Materials For Req. 3 Project.	
3. Assemble Materials & Build One Useful Project &	
1 Fun Project.	
4. Apply A Finish To One Of Your Projects.	

Paws For Action (Duty To Country)	
Complete Requirement 1 & 2 Others	
1. Learn About Our Flag. Display At Home For	
1 Month. Say Pledge of Allegiance & Learn	
It's Meaning.	
2. Do At Least 1 Of The Following:	
a. Find Out About 2 Famous Americans. Share.	
b. Find Nearby Places of Historical Interest.	
Visit w/ Family or Den.	
3. Do At Least 2 Of The Following:	
a. Visit Sheriff/Police/Fire Station OR Have Officer	
Visit Den. Ask Questions About How To Stay Safe.	
b. Make List of Emergency Numbers. Discuss W/	
Family Where List Should Be Kept. Show You	
Know How To Call For Help. Discuss Who Can	
Help If Parent Is Not Available.	
c. W/ Family, Develop Plan To Follow In Emergency.	
Practice Plan 3 Times.	
4. Do At Least 1 Of The Following:	
a. Do Cleanup Project That Benefits Community.	
b. Participate In Patriotic Community Parade, etc.	

## **BEAR ELECTIVES - CHECKLIST**

## COMPLETED REQUIREMENTS

Bear Claws	
Bear Necessities	
Fellowship & Duty To God	
Fur, Feathers, & Ferns	
Baloo The Builder	
Paws For Action (Duty To Country)	
Protect Yourself Rules	
Denner Ast Denner	_

COMPLETED ELECTIVES	
Grin & Bear It	
A Bear Goes Fishing	
Bear Picnic Basket	
Critter Care	
Forensics	
Marble Madness	
Roaring Laughter	
Salmon Run	
Super Science	
Yo-Yo	
Modular Design	
Denner	
Ast Denner	_

## Grin & Bear It

1. Play A Challenge/Initiative Game W/ Den.	
Take Part In Reflection After Game.	
2. W/ Den, Organize Scout Carnival & Lead It.	
3. Help Younger Scouts At The Carnival.	
4. Discuss What Did/Didn't Work At Carnival.	
5. W/ Den Develop A Thank-You Cheer To	
Recognize Those Who Helped W/ Carnival.	
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#### Bear Picnic Basket

Complete at least 3 requirements.	
1. Create Your Own Bear Cookbook w/ 5 Recipes	
Include 1 Recipe For Breakfast, Lunch,	
Dinner & A Nutritious Snack.	
2. W/ Family Or Den, Prepare To Cook By Explaining	
Planning, Tool Selection, Sanitation & Safety.	
3. Prepare 2 Nutritious Snacks, Share w/ Den, etc.	
4. W/ Adult, Pick Recipe To Cook In A Kitchen.	
Help To Get The Ingr's. Cook & Serve Meal.	
Clean Up After Preparation & Cooking.	
5. W/ Adult, Pick Recipe To Cook Outdoors.	
Help To Get The Ingr's. Cook & Serve Meal.	
Clean Up After Preparation & Cooking.	

# NAME: Critter Care Complete a I. Do One Of The Foll

Complete all of the following.	
1. Do One Of The Following:	
a. Make List Of Tasks You Did For 2 Weeks To	
Take Care Of Your Pet.	
b. Research a Pet You Would Like To Have.	
Prepare A Report About The Care It Needs.	
2. Complete 1 Of The Following:	
a. Make & Present A Poster/Power Point About	
Your Pet Or Pet You Would Like To Have.	
b. Make & Share A Poster/PowerPoint Explaining	
3 Ways That Animals Can Help People.	
3. Complete At Least 1 Of The Following & Share:	
a. Visit Local Vet/Animal Shelter. Find Out What	
Animals They See & Types Of Care They Give.	
b. Learn About Careers That Involve Care Of Animals.	
What Education/Training Are Required.	

# **BEAR ELECTIVES - CHECKLIST**

A Bear Goes Fishing	
Complete at least 3 requirements.	
1. Learn About 3 Fish In Your Area. Draw a Color	
Picture of Each Fish, Record What They Like	
To Eat & Their Habitat.	
2. Learn About Your Local Fishing Reg's w/ An Adult.	
List 3 of the Reg's & 1 Reason They Exist.	
3. Learn About Fishing Equip. Make A Fishing	
Pole. Practice Casting at Target.	
4. Go Fishing. Spend 1 Hour Trying To Catch A Fish.	

## Roaring Laughter

Complete at least 4 of the following

1. Write Down 3 Things That Make You Laugh.

2. Practice Reading Tongue Twisters.

3. Create a Short Story. Remove Some Nouns,

Adjectives, etc Leaving Blanks. Have Friend

Fill It In.

4. W/ Partner, Play a Game That Makes

You Laugh.

5. Share a Few Jokes w/ Friends.

6. Practice At Least 2 Run Ons w/ Friends.

Perform at Pack Meeting or Campfire.

#### Forensics

Complete all of the following.	
1. Talk w/ Family & Den How Forensics Helps Solve Crimes.	
2. Take & Analyze Your Fingerprints.	
3. Coomplete 1 Of The Following:	
a. Learn About Chromatography. Do an Investigation	
Using Diff. Types of Black, Felt Tip Markers. Share Results.	
b. Do Analysis of Salt, Sugar, Baking Soda & Cornstarch.	
4. Complete 1 Of The Following:	
a. Visit Sheriff/Police Offic. Find Out How	
They Collect Evidence.	
b. Learn About Diff. Jobs in Forensic Science. Choose	
2 & Learn What is Required To Work In That Field.	
Share What You Learn w/ Den.	
c. Learn How Animals Are Used to Gather Evidence.	
Share What You Learn w/ Your Den.	

## NAME: \_\_\_\_\_

Marble Madness
Complete requirements 1-4. 5 is optional.
I. Discuss The History of Marbles w/ Your Family.
Talk About 3 Diff. Sizes of Marble, What They
Are Made of & Used For.
2. Learn About 3 Diff. Marble Games. Learn
To Play "Ringer" & How To Keep Score.
Play Game w/ Den, Family or Friends.
3. Learn 5 Words That Are Used When Discussing
Marbles. Tell What The Words Mean. Share.
4. Complete 1 Of The Following:
a. W/ Den or Family Make Marble Obstacle Course
Or Marble Golf Course. Share What You Create
b. Create Your Own Marble Game w/ Rules.
Explain Game & Rules To Family, Den or Friends.
c. W/ Den or Family Make Marble Race Track.
Have At Least 2 Lanes To Race Marbles.
d. Make a Marble Maze.
5. Make a Marble Bag w/ Help of an Adult.

# **BEAR ELECTIVES - CHECKLIST**

#### Salmon Run

Complete requirements 1-4 & 2 others.	
1. Explain Importance of Lifeguards, etc. in	
Swimming Area. Explain Buddy System	
2. Go Swimming w/ Den/Family Or Take Swim Lesson.	
3. Explain Safety Rules Before You Go Boating.	
4. Identify Equip. Needed When Going Boating.	
5. Demonstrate Correct Rowing or Paddling Form.	
Explain How Rowing/Canoeing are Good Exercise.	
6. Show How To Do A Reach & A Throw Rescue.	
7. Demonstrate Front Crawl To Den Or Family	
8. Name 3 Swimming Ability Groups for the BSA.	
9. Earn the BSA Beginner Swimmer Clasification.	

#### **Super Science**

Complete at least 4 of the following.

1. Make Static Electricity w/ Balloon, etc.

Explain What You Learned.

- 2. Conduct a Static Electricity Investigation.
- Explain What You Learned.
- 3. Do Sink or Float Investigation. Explain.
- 4. Do Color-Morphing Investigation. Explain.
- 5. Do Color Layering Investigation. Explain.

#### **Protect Yourself Rules**

- Watch The "Protect Yourself" Video.
   Show How You Say "NO" To Someone.
- 3. Identify 5 Trusted Adults. Share List W/ Parents.
- 4. Describe A "Safe Stranger".

#### Yo-Yo

1. Learn Safety Rules of YoYo, Follow At All Times 2. Show How To Find Proper Length Of String.

- 3. Explain Importance Of String Length & Location.
- 4. Show How To String YoYo & Make Slilpknot.
- 5. Conduct Pendulum Experiment.
- Explain Diff. With Long & Short String.
- 6. Show You Can Properly Wind YoYo.
- 7. Demonstrate Gravity Pull Trick.

#### NAME: \_\_\_\_\_

Aodular Design
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- 1. Learn What Modular Design Is.
  - Identify 3 Things Mad By Modular Design.
- 2. Identify 3 Benefits Of Modular Design.
- 3. Using Modular Pieces, Build Model W/ Instruct's
- 4. Using Modular Pieces, Build W/Out Instruct's
- 5. Using Your Model Create Step By Step Instruc's
  - Have Someone Make It Using Your Instruc's
- 6. Share Your Model With Your Den Or Family.
  - Explain What Your Model Is Designed To Do.

#### Notes